

Soap Recipes

More than 50 detailed and easy to follow recipes for making your own soap at home.



Michelle Gaboya

2nd Edition

<http://soapmakingadvice.com>

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Produced in Australia

Acknowledgements

Michelle Gaboya has been a soap making enthusiast for over 10 years, creating all types of elegant homemade soaps for family, friends and various occasions.

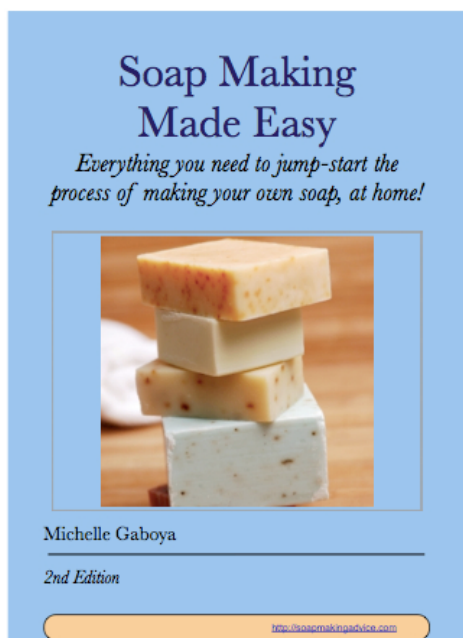
As an avid enthusiast she has accumulated a wealth of experience in the field of soap making and is a recognized personality amongst the soap makers' community. She takes great pleasure in sharing her knowledge and experience with other keen soap makers. Michelle continues to hone her craft and experiment with new designs and formulas regularly.

This book would not have been possible without the dedication of Michelle and her patience to commit all of the following into print. You can get more information and regular articles on the [Soap Making Advice blog](http://soapmakingadvice.com).

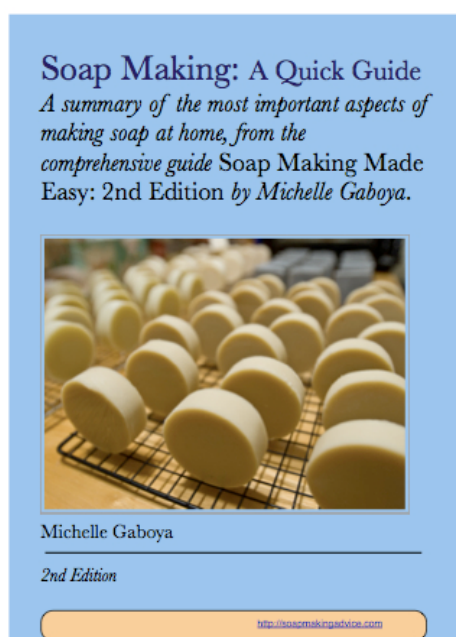
Many thanks Michelle.

Soap Making Advice titles

If you have found this quick guide useful, please consider Michelle's other titles:



Soap Making Made Easy: A comprehensive soap making guide, with over 80 pages of useful tips and advice covering all aspects of the soap making process. Available in ePub format for use with any Ebook readers, smartphones or tablets, or in PDF format.



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You can get more soap making tips and information as well as regularly published articles on the [Soap Making Advice blog](http://soapmakingadvice.com).

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Important notes

Soap-making ingredients should always be measured by *weight*, not *volume*, for accuracy, and to account for differences in density between various materials. For all recipes, measure the ingredients using a digital kitchen scale, not measuring cups or spoons.

Follow all soap-making precautions, particularly when working with lye.

These recipes were assembled from a variety of sources, and there is no guarantee, expressed or implied, regarding the quality of soap that these recipes will produce.

You can get more soap making tips and information as well as regularly published articles on the [Soap Making Advice blog](http://soapmakingadvice.com).

Melt-and-Pour Recipes

BATH BOMBS

- 1 part citric acid
 - 2 parts baking soda
 - Witch hazel
 - Colorant
 - Fragrance
 - Dome-shaped mold
1. Blend the citric acid and the baking soda. They must be thoroughly blended or the mixture will be grainy, so you may want to use a stick blender.
 2. Add the colorant to the thoroughly blended mixture – don't add too much colorant, because the color will be bolder once the witch hazel is added.
 3. Add desired amount of fragrance oil.
 4. Use a squirt bottle to spritz the witch hazel onto the surface of the mixture, while hand-stirring with the other hand.
 5. Once the mixture starts to become sticky, it is ready to mold. Don't add too much witch hazel, or the mixture will begin fizzing in the container.
 6. You can unmold the mixture in a few minutes, and they will be ready to use after they've air-dried for 3 or 4 hours.

OATMEAL MELT AND POUR SOAP RECIPE

- 8 oz. white/opaque soap base
 - 8 oz. clear base
 - ½ oz. oatmeal, ground (optional)
 - ½ oz. fragrance oil
 - Colorant (optional)
1. Melt the two bases, and combine them.
 2. Add the fragrance oil and colorant, and stir well.
 3. Add the oatmeal and stir; if it is sinking, then the base may not be thick enough yet.
 4. Cover the bowl with clear plastic wrap and wait for it to cool, or stir it until it is thick enough that the oatmeal is suspended in it.
 5. Pour the soap into molds, and spray lightly with alcohol to finish the soap and break any air bubbles on the surface.
 6. The soap should be molded in 2-3 hours, but ideally it should set overnight.
 7. Pop the soap out of the molds and package the bars.

BATH JELLY

- ½ cup transparent soap base
- 2 cups water
- 1 envelope Knox unflavored Gelatin
- Fragrance oil (optional)
- Colorants (optional)

1. Pour envelope of gelatin into a bowl and set aside.
2. Heat water to boiling.
3. Pour the boiling water into the gelatin and stir until gelatin is completely dissolved.
4. Melt the transparent soap base.
5. If desired, add the fragrance oil to the melted soap base.
6. Slowly pour the soap into the gelatin, and stir gently.
7. When mixed thoroughly, add colorant, and pour into desired containers.
8. Store in refrigerator, at least until firm.

Cold-Process Recipes

BEGINNER COLD-PROCESS SOAP RECIPE #1

- 16 oz. canola oil
- 16 oz. coconut oil
- 16 oz. palm oil
- 6.9 oz. lye (5% superfat)
- 15.8 oz. water

1. Mix your lye solution first and set it aside to cool.
2. Measure and heat your solid oils until completely melted.
3. Measure and add the liquid oils to the melted solid oils.
4. When both the lye and the oils are at about 100-110 °F, slowly pour the lye solution into the oils.
5. Stir with a stick blender, alternating short blasts with the blender and stirring.
6. Mix the soap until it reaches a light trace.
7. Pour the raw soap into your mold and let it sit for 12-24 hours until it has cooled off completely and is hard enough to cut.
8. Remove it from the mold and slice into bars.
9. Let it cure an additional 2-4 weeks. Makes about 4.5 pounds of soap.

BEGINNER COLD-PROCESS SOAP RECIPE #2

- 5 oz. Canola Oil
 - 5 oz. Castor Oil
 - 32 oz. Coconut Oil
 - 32 oz. Palm Oil
 - 11 oz. lye (5% superfat)
 - 24.4 oz. water
-
1. Mix your lye solution first and set it aside to cool.
 2. Measure and heat your solid oils until completely melted.
 3. Measure and add the liquid oils to the melted solid oils.
 4. When both the lye and the oils are at about 100-110 °F, slowly pour the lye solution into the oils.
 5. Stir with a stick blender; alternating short blasts with the blender and stirring.
 6. Mix the soap until it reaches a light trace.
 7. Pour the raw soap into your mold and let it sit for 12-24 hours until it has cooled off completely and is hard enough to cut.
 8. Remove it from the mold and slice into bars.
 9. Let it cure an additional 2-4 weeks. Makes about 6.5 pounds of soap.

BASIC CASTILE SOAP

- 40 oz. olive oil
 - 5 oz. palm oil
 - 5 oz. coconut oil
 - 16 oz. water
 - 6.7 oz. lye
 - 1.5 - 2.2 oz fragrance or essential oil (optional)
 - Colorant (optional)
1. Mix your lye solution first and set it aside to cool.
 2. Measure and heat your solid oils until completely melted.
 3. Measure and add the liquid oils to the melted solid oils.
 4. When both the lye and the oils are at about 100-110 °F, slowly pour the lye solution into the oils.
 5. Stir with a stick blender, alternating short blasts with the blender and stirring.
 6. Mix the soap until it reaches a light trace.
 7. Add the fragrance oil and colorant, if desired.
 8. Mix them into the soap thoroughly.
 9. Pour the raw soap into your mold and let it sit for 12-24 hours until it has cooled off completely and is hard enough to cut.
 10. Remove it from the mold and slice into bars.
 11. Let it cure an additional 2-4 weeks.

BASIC BEEF TALLOW SOAP

- 9.6 oz. olive oil
 - 22.4 oz. beef tallow
 - 10.5 oz. water
 - 4.2 oz. lye
 - 1.4 oz. of fragrance essential oil (optional)
 - Colorant (optional)
1. Mix your lye solution first and set it aside to cool.
 2. Measure and heat your solid oils until completely melted.
 3. Measure and add the liquid oils to the melted solid oils.
 4. When both the lye and the oils are at about 100-110 °F, slowly pour the lye solution into the oils.
 5. Stir with a stick blender; alternating short blasts with the blender and stirring.
 6. Mix the soap until it reaches a light trace.
 7. Add the fragrance oil and colorant, if desired.
 8. Mix them into the soap thoroughly.
 9. Pour the raw soap into your mold and let it sit for 12-24 hours until it has cooled off completely and is hard enough to cut.
 10. Remove it from the mold and slice into bars.
 11. Let it cure an additional 2-4 weeks.

BASIC VEGETABLE TALLOW SOAP

- 9.4 oz. Crisco (or vegetable shortening)
 - 6 oz. olive oil
 - 6 oz. coconut oil
 - 8 oz. water
 - 3 oz. lye
 - 0.9 oz. of fragrance oil or essential oil blend
1. Mix your lye solution first and set it aside to cool.
 2. Measure and heat your solid oils until completely melted.
 3. Measure and add the liquid oils to the melted solid oils.
 4. When both the lye and the oils are at about 100-110 °F, slowly pour the lye solution into the oils.
 5. Stir with a stick blender; alternating short blasts with the blender and stirring.
 6. Mix the soap until it reaches a light trace.
 7. Add the fragrance oil and colorant, if desired.
 8. Mix them into the soap thoroughly.
 9. Pour the raw soap into your mold and let it sit for 12-24 hours until it has cooled off completely and is hard enough to cut.
 10. Remove it from the mold and slice into bars.
 11. Let it cure an additional 2-4 weeks.

BASIC OLIVE OIL SOAP

- 6.5 oz. palm oil
 - 6.5 oz. coconut oil
 - 7.5 oz. olive oil
 - 1.3 oz. castor oil
 - 8 oz. water
 - 3.1 oz. lye
 - 1 oz. of fragrance oil or essential oil blend
-
1. Mix your lye solution first and set it aside to cool.
 2. Measure and heat your solid oils until completely melted.
 3. Measure and add the liquid oils to the melted solid oils.
 4. When both the lye and the oils are at about 100-110 °F, slowly pour the lye solution into the oils.
 5. Stir with a stick blender; alternating short blasts with the blender and stirring.
 6. Mix the soap until it reaches a light trace.
 7. Add the fragrance oil. Mix them into the soap thoroughly.
 8. Pour the raw soap into your mold and let it sit for 12-24 hours until it has cooled off completely and is hard enough to cut.
 9. Remove it from the mold and slice into bars.
 10. Let it cure an additional 2-4 weeks.

BASIC SUPERMARKET SOAP

- 30% olive oil
 - 30% lard
 - 25% coconut oil
 - 10% sunflower oil
 - 5% castor oil
 - Fragrance oil (optional)
 - Colorants (optional)
1. Mix your lye solution first and set it aside to cool.
 2. Measure and heat your solid oils until completely melted.
 3. Measure and add the liquid oils to the melted solid oils.
 4. When both the lye and the oils are at about 100-110 °F, slowly pour the lye solution into the oils.
 5. Stir with a stick blender; alternating short blasts with the blender and stirring.
 6. Mix the soap until it reaches a light trace.
 7. Add the fragrance oil and colorants, if desired.
 8. Mix them into the soap thoroughly.
 9. Pour the raw soap into your mold and let it sit for 12-24 hours until it has cooled off completely and is hard enough to cut.
 10. Remove it from the mold and slice into bars.
 11. Let it cure an additional 2-4 weeks.

HONEY BEE SOAP

- 32 oz. olive oil
 - 16 oz. palm oil
 - 24 oz. tallow
 - 9.477 oz. lye (5% superfat)
 - 23.760 oz. water
 - Fragrance oil (optional)
 - 1 tbsp. honey
1. Mix your lye solution first and set it aside to cool.
 2. Measure and heat your solid oils until completely melted.
 3. Measure and add the liquid oils to the melted solid oils.
 4. When both the lye and the oils are at about 100-110 °F, slowly pour the lye solution into the oils.
 5. Stir with a stick blender, alternating short blasts with the blender and stirring.
 6. Mix the soap until it reaches a light trace.
 7. At trace, add fragrance (if desired) and honey.
 8. Mix them into the soap thoroughly.
 9. Do not insulate the soap molds, as the honey may cause the soap mixture to overheat.
 10. Pour the raw soap into your mold and let it sit for 12-24 hours until it has cooled off completely and is hard enough to cut.
 11. Remove it from the mold and slice into bars.
 12. Let it cure an additional 2-4 weeks.

SHEA BUTTER SOAP

- 16 oz. coconut oil
 - 18 oz. olive oil
 - 16 oz. palm oil
 - 4 oz. shea butter
 - 16 oz. tallow
 - 9.815 oz. lye (5% superfat)
 - 23.100 oz. water
-
1. Mix your lye solution first and set it aside to cool.
 2. Measure and heat your solid oils until completely melted.
 3. Measure and add the liquid oils to the melted solid oils.
 4. When both the lye and the oils are at about 100-110 °F, slowly pour the lye solution into the oils.
 5. Stir with a stick blender, alternating short blasts with the blender and stirring.
 6. Mix the soap until it reaches a light trace.
 7. Pour the raw soap into your mold and let it sit for 12-24 hours until it has cooled off completely and is hard enough to cut.
 8. Remove it from the mold and slice into bars.
 9. Let it cure an additional 2-4 weeks.

HEMP/COCONUT/OLIVE OIL SOAP

- 5 oz. coconut oil
 - 5 oz. hempseed oil
 - 6 oz. olive oil
 - 2.3 oz. lye
 - 6 oz. water
 - 0.7 oz. fragrance/essential oil (optional)
1. Mix your lye solution first and set it aside to cool.
 2. Measure and heat your solid oils until completely melted.
 3. Measure and add the liquid oils to the melted solid oils.
 4. When both the lye and the oils are at about 100-110 °F, slowly pour the lye solution into the oils.
 5. Stir with a stick blender; alternating short blasts with the blender and stirring.
 6. Mix the soap until it reaches a light trace.
 7. Mix the fragrance oils in at trace.
 8. Pour the raw soap into your mold and let it sit for 12-24 hours until it has cooled off completely and is hard enough to cut.
 9. Remove it from the mold and slice into bars.
 10. Let it cure an additional 2-4 weeks.

PALM/COCONUT/SESAME SOAP

- 15 oz. palm oil
 - 5 oz. coconut oil
 - 2 oz. sesame oil
 - 2 oz. shea butter
 - 1 oz. castor oil
 - 3.49 oz lye (6% superfat)
 - 9 oz. water
 - ½ tsp. borax (optional)
1. Mix your lye solution first and set it aside to cool. (The borax is an optional ingredient that can make soap work better in hard water; if you choose to include it, dissolve it in the water before you mix in the lye.)
 2. Measure and heat your solid oils until completely melted.
 3. Measure and add the liquid oils to the melted solid oils.
 4. When both the lye and the oils are at about 100-110 °F, slowly pour the lye solution into the oils.
 5. Stir with a stick blender, alternating short blasts with the blender and stirring.
 6. Mix the soap until it reaches a light trace.
 7. Pour the raw soap into your mold and let it sit for 12-24 hours until it has cooled off completely and is hard enough to cut.
 8. Remove it from the mold and slice into bars.
 9. Let it cure an additional 2-4 weeks.

COCOA BUTTER AND GOAT'S MILK SOAP

- 1095g coconut oil
 - 375g cocoa butter
 - 500g frozen goat's milk
 - 238g lye
 - 45g fragrance oil (optional)
-
1. Melt cocoa butter, and maintain it at 130°F for 20 minutes.
 2. Melt coconut oil.
 3. Cool all oils to 100F.
 4. Break the frozen goat's milk into chunks in a container, and place the container in an ice-water bath.
 5. Add the lye VERY slowly; do not let the temperature of the mixture exceed 90-95°F.
 6. Quickly add the lye solution to the oils, and stir by hand, until the mixture reaches a light trace.
 7. Add fragrance, stir quickly and pour into uninsulated molds.
 8. The soap should be ready to unmold in approximately 8 hours.

LAVENDER, ORANGE AND PATCHOULI SOAP

- 6.8 oz. palm oil
- 10.2 oz. coconut oil
- 1.7 oz cocoa butter
- 10.2 oz. olive oil
- 1.7 oz. castor oil
- 3.4 oz. sunflower oil
- 4.9 oz. lye (5% superfat)
- 11.3 oz. water
- 2 tbsp. lightly ground lavender buds
- 0.4 oz. orange essential oil
- 0.4 oz. patchouli essential oil
- 0.8 oz. lavender essential oil
- Colorant (optional)

1. Mix your lye solution first and set it aside to cool.
2. Measure and heat your solid oils until completely melted.
3. Measure and add the liquid oils to the melted solid oils.
4. When both the lye and the oils are at about 100-110 °F, slowly pour the lye solution into the oils.
5. Stir with a stick blender, alternating short blasts with the blender and stirring.
6. Mix the soap until it reaches a light trace.
7. Add the fragrance oils, lavender buds and colorant, if desired.
8. Mix them into the soap thoroughly.
9. Pour the raw soap into your mold and let it sit for 12-24 hours until it has cooled off completely and is hard enough to cut.
10. Remove it from the mold and slice into bars. Let it cure an additional 2-4 weeks.

Note: The lavender buds may turn brown in the soap, which is unappealing to some. To avoid this problem, rebatch the soap and add the lavender buds then.

CITRUS HONEY BOCK SOAP

- 6.8 oz. palm oil
- 10.2 oz. coconut oil
- 1.7 oz cocoa butter
- 10.2 oz. olive oil
- 1.7 oz. castor oil
- 3.4 oz. sunflower oil
- 4.9 oz. lye (5% superfat)
- 11.3 oz. FLAT, room-temperature amber or dark beer
- 2 tbsp. of honey
- 0.4 oz. orange essential oil
- 0.4 oz. litsea cubea (or lemon) essential oil
- 0.4 oz. grapefruit essential oil
- 0.4 oz. lime essential oil

1. Pour the beer into a large pitcher, and stir vigorously to make it bubble and foam.
2. Put a lid on it and let it sit at room temperature for several days, stirring it once or twice a day to help it go flat quicker.
3. **Note:** Wait until the beer is completely flat to proceed; if beer is not completely flat, it may react with the lye, causing a potentially dangerous “volcano” effect.
4. Add the lye to the beer very, very slowly; when mixed, set it aside to cool.
5. Measure and heat your solid oils until completely melted.
6. Measure and add the liquid oils to the melted solid oils.
7. When the lye and oils are at 100-110 °F, slowly pour the lye solution into the oils.
8. Stir with a stick blender, alternating short blasts with the blender and stirring.
9. Mix the soap until it reaches a light trace.
10. Add the honey and fragrance oils, and mix them into the soap batter thoroughly.
11. Pour the raw soap into your mold and let it sit for 12-24 hours until it has cooled off completely and is hard enough to cut.
12. Remove it from the mold and slice into bars. Let it cure an additional 2-4 weeks.

GREEN TEA AND LEMONGRASS SOAP

- 8.3 oz. palm oil
- 5.5 oz. palm kernel oil
- 6.4 oz. coconut oil
- 2.3 oz. cocoa butter
- 11 oz. olive oil
- 2.8 oz. castor oil
- 4.6 oz. soybean oil
- 5 oz. sunflower oil
- 6.4 oz. lye (5% superfat)
- 13 oz. water
- 4-8 tsp. steeped green tea leaves
- 1 oz. eucalyptus essential oil
- 1 oz. lemongrass essential oil
- Yellow and green colorants (optional)

1. Heat the water to boiling, and double-steep the green tea leaves in it.
2. Let the tea cool completely; you may want to refrigerate it to cool it faster.
3. Mix the lye into the cold tea very, very slowly, and set it aside to cool.
4. Measure and heat your solid oils until completely melted.
5. Measure and add the liquid oils to the melted solid oils.
6. When both the lye and the oils are at about 100-110 °F, slowly pour the lye solution into the oils.
7. Stir with a stick blender, alternating short blasts with the blender and stirring.
8. Mix the soap until it reaches a light trace.
9. At trace, add in the lemongrass and eucalyptus essential oils, and the tea leaves; mix them into the soap thoroughly.
10. Pour the raw soap into your mold and let it sit for 12-24 hours until it has cooled off completely and is hard enough to cut.
11. Remove it from the mold and slice into bars. Let it cure an additional 2-4 weeks.

TOMATO SOAP

- 7.5 oz. olive oil
 - 7.5 oz. coconut oil
 - 7 oz. palm oil
 - 1.5 oz. castor oil
 - 1.5 oz. cocoa butter
 - 7.5 oz. tomato liquid (3-4 large tomatoes, well pureed)
 - 3.6 oz. lye
 - 1-2 tbsp. tomato paste and/or 1-2 tsp. of finely ground sun-dried tomatoes
1. Mix the lye into the tomato liquid very, very slowly, making sure that the mixture doesn't overheat and/or adversely react.
 2. Set the lye mixture aside to cool.
 3. Measure and heat your solid oils until completely melted.
 4. Measure and add the liquid oils to the melted solid oils.
 5. When both the lye and the oils are at about 100-110 °F, slowly pour the lye solution into the oils.
 6. Stir with a stick blender, alternating short blasts with the blender and stirring.
 7. Mix the soap until it reaches a light trace.
 8. Add the tomato paste, or ground sun-dried tomatoes, if desired, and mix them into the soap thoroughly.
 9. Pour the raw soap into your mold and let it sit for 12-24 hours until it has cooled off completely and is hard enough to cut.
 10. Remove it from the mold and slice into bars.
 11. Let it cure an additional 2-4 weeks.

FLOWER POWER SOAP

- 2 oz. sweet almond oil
- 1 oz. cocoa butter
- 2 oz. coconut oil
- 3 oz. palm oil
- 3 oz. palm kernel oil
- 1 oz. shea butter
- 2 oz. sunflower oil
- 2 oz. lanolin
- 2.05 oz. lye
- 6 oz. distilled water
- 0.3 oz. floral fragrance oil (optional)
- Colorant (optional)

GOOD MORNING SOAP

- 8 oz. apricot kernel oil
 - 8 oz. castor oil
 - 32 oz. coconut oil
 - 16 oz. palm kernel oil
 - 16 oz. emu oil
 - 168 oz. vegetable tallow
 - 93 oz. distilled water
 - 34.49 oz. lye
 - 10 tsp. tea tree essential oil
 - 6 tsp. peppermint essential oil
 - 1 tsp. patchouli essential oil
-
1. Mix your lye solution first and set it aside to cool.
 2. Measure and heat your solid oils until completely melted.
 3. Measure and add the liquid oils to the melted solid oils.
 4. When both the lye and the oils are at about 100-110 °F, slowly pour the lye solution into the oils.
 5. Stir with a stick blender, alternating short blasts with the blender and stirring.
 6. Mix the soap until it reaches a light trace.
 7. Add the fragrance oil and colorant, if desired.
 8. Mix them into the soap thoroughly.
 9. Pour the raw soap into your mold and let it sit for 12-24 hours until it has cooled off completely and is hard enough to cut.
 10. Remove it from the mold and slice into bars.
 11. Let it cure an additional 2-4 weeks.

APRICOT AND ALMOND SOAP

- 36 oz. olive oil
 - 22.5 oz. coconut oil
 - 13.5 oz. palm oil
 - 15 oz. distilled water
 - 10.5 oz. lye
 - 15 ml. apricot kernel oil
 - 15 ml. apricot liquid extract
 - 175g ground almonds
 - 15 ml annatto colorant
-
1. Mix your lye solution first and set it aside to cool.
 2. Measure and heat your solid oils until completely melted.
 3. Measure and add the liquid oils to the melted solid oils.
 4. When both the lye and the oils are at about 100-110 °F, slowly pour the lye solution into the oils.
 5. Stir with a stick blender; alternating short blasts with the blender and stirring.
 6. Mix the soap until it reaches a light trace.
 7. Add the fragrance oil and colorant, if desired.
 8. Mix them into the soap thoroughly.
 9. Pour the raw soap into your mold and let it sit for 12-24 hours until it has cooled off completely and is hard enough to cut.
 10. Remove it from the mold and slice into bars.
 11. Let it cure an additional 2-4 weeks.

SOY MILK AND SPICE SOAP

- 1000g olive oil
- 581g grapeseed oil
- 20g canola oil
- 500g coconut oil
- 200g palm oil
- 100g shea butter
- 20g castor oil
- 720g soy milk
- 1 tbsp. black tea
- 1/2 tsp. ginger
- 1/2 cinnamon stick
- 1/2 tsp. cardamom
- 3/4 tsp. pepper
- 3/4 tsp. caraway
- 328g lye
- 25 ml vanilla fragrance/essential oil

1. Heat the milk, being careful not to scald it, and steep the spices in it for approximately 1/2 hour.
2. Let the milk cool completely; refrigerate it if necessary.
3. Add the lye to the spiced milk very, very slowly; if it gets too hot, the milk mixture will be ruined.
4. Set aside to cool.
5. Measure and heat your solid oils until completely melted.
6. Measure and add the liquid oils to the melted solid oils.
7. When both the lye/milk mixture and the oils are at about 100-110 °F, slowly pour the lye solution into the oils.
8. Stir with a stick blender, alternating short blasts with the blender and stirring.

9. Mix the soap until it reaches a light trace.
10. Add the castor oil, fragrance oil and colorant, if desired.
11. Mix them into the soap thoroughly.
12. Pour the raw soap into your mold and let it sit for 12-24 hours until it has cooled off completely and is hard enough to cut.
13. Remove it from the mold and slice into bars.
14. Let it cure an additional 2-4 weeks.

CREAMY LAVENDER SOAP

- 4 oz. olive oil
 - 2.5 oz. coconut oil
 - 1.5 oz. palm oil
 - 1.12 oz. lye
 - 2.5 oz. lavender-infused water
 - 1 oz. half-and-half creamer
 - ¼ oz. lavender essential oil
 - ¼ tsp. freesia fragrance oil
1. Mix your lye solution and lavender water first, and set it aside to cool.
 2. After it has cooled, add the half-and-half.
 3. Measure and heat your solid oils until completely melted.
 4. Measure and add the liquid oils to the melted solid oils.
 5. When both the lye and the oils are at about 100-110 °F, slowly pour the lye solution into the oils.
 6. Stir with a stick blender; alternating short blasts with the blender and stirring.
 7. Mix the soap until it reaches a light trace.
 8. Add the fragrance oil and colorant, if desired.
 9. Mix them into the soap thoroughly.
 10. Pour the raw soap into your mold and let it sit for 12-24 hours until it has cooled off completely and is hard enough to cut.
 11. Remove it from the mold and slice into bars.
 12. Let it cure an additional 2-4 weeks.

PEAR-LICIOUS SOAP

- 6.4 oz coconut oil
- 1.9 oz. illipe butter
- 4.8 oz. kokum butter
- 2.2 oz lanolin
- 3.8 oz mango butter
- 6.4 oz. palm kernal oil
- 3.2 oz. palm oil
- 3.2 oz. shea butter
- 11.5 oz water
- 4.5 oz. lye
- superfat with 1.1 oz meadowfoam oil and 1.1 oz of avocado oil
- 0.7 oz to 1.0 oz pearberry fragrance

1. Warm oils over low/medium heat, just until melted.
2. Mix lye/water in heat-proof glass.
3. Cool water/lye and oils to 80 to 90 °F.
4. Slowly pour lye/water mixture into oil, stirring gently.
5. Continue to stir to light trace.
6. Add meadowfoam/avocado oil and fragrance, continue to stir to trace.
7. Pour into molds.
8. Cover and insulate 24 hrs.
9. This recipe seems to work in any mold, and pops out easily after a day or two.
10. Cure for 3 to 4 weeks.
11. Makes 2 pounds or 6 to 8 bars of soap, depending on your mold.

BUBBLE GUM SOAP

- 8 oz. soft water
 - 3 oz. lye
 - 7 oz. Crisco, palm oil or tallow
 - 7 oz. coconut oil
 - 6 oz. olive oil
 - 1 oz. jojoba oil
 - 1 oz. bubble gum fragrance oil
 - Imperial Red Mica to color
1. Mix water and lye together. Let cool to 100 °F.
 2. Blend all oils (except essential and fragrance oils) together over a double boiler; melt, and cool to 100 °F.
 3. Blend the lye mixture and oils together slowly, and stir until it traces.
 4. Mix the mica with the fragrance oils, and stir until well-blended, and there are no clumps; add the mica and fragrance to the soap batter.
 5. Pour mixture into a mold and insulate the mold with a blanket.
 6. Use a thermometer to ensure that the soap stays at an even 100 °F.
 7. When it cools to 80 °F it's ready to unmold; cut the soap into bars, or pop it out of the molds.
 8. Let cure for 2 weeks.

CAMPER'S BUG-REPELLENT SOAP

- 19.2 ounces coconut oil
 - 22.4 ounces olive Oil
 - 16.0 ounces palm Oil
 - 6.4 ounces Shea Butter
 - 6.4 ounces Neem Oil
 - 23.0 ounces water
 - 9.6 ounces Sodium Hydroxide
 - 4 tsp. citronella essential oil
 - 4 tsp. eucalyptus essential oil
 - 4 tsp. geranium essential oil
 - 4tsp. rosemary essential oil
-
1. Dissolve lye in water, and allow mixture to cool.
 2. Combine oils and shea butter in large pot, and warm over low until various components have melted.
 3. Remove from heat to cool.
 4. When both the lye and oil mixtures reach 95 °F, combine them in a large pot and stir briskly until the soap reaches trace.
 5. Add the essential oils and stir well.
 6. Pour into insulated molds and allow to set for 24 hours.
 7. Unmold and cut as desired.
 8. Allow soap to cure for at least three weeks before using.

CARROT SOAP

- 2 oz. sweet almond oil
 - 4 oz. canola oil
 - 8 oz. coconut oil
 - 2 oz. palm kernel oil
 - 8 oz. hydrogenated soybean oil (or Crisco)
 - 1 tbsp. olive oil (for superfatting)
 - 2 tbsp. apricot fragrance oil
 - 1 cup fresh carrots
 - 3.5 oz. lye
-
1. Chop and boil the carrots, puree them.
 2. Mix with water to total 9 oz. liquid.
 3. Add 3.5 oz. lye to the carrot water, and let the mixture cool to 100 °F.
 4. Melt the oils, and let cool to 100 °F.
 5. Add lye/carrot mixture to oils.
 6. At light trace, add fragrance oil.
 7. At heavy trace, pour in molds and let sit 18-24 hours before cutting.
 8. (Do not wait more than 24 hours, since this recipe makes a very hard soap, and it may be hard to cut.)
 9. Let cure for 2-4 weeks before using.

ENGLISH COUNTRYSIDE SOAP

- 24 oz. water
 - 9 oz. lye
 - 20 oz. coconut oil
 - 17.5 oz. palm oil
 - 4.3 oz. castor oil
 - 11.4 oz. canola oil
 - 4.1 oz. aloe oil
 - 5.1 oz. sweet almond oil
 - 0.8 oz. shea butter
 - 0.8 oz. cocoa butter
 - 1 ½ tsp. clovebud essential oil
 - 1 ½ tsp. spearmint essential oil
 - 1 ½ tsp. neroli fragrance oil
 - ½ cup calendula petals
1. Blend essential oils and fragrance oils, preferably 24 hours in advance, and cover tightly to avoid evaporation.
 2. Add the lye to the water, and let the mixture cool to 90-110 °F.
 3. Melt solid oils, stir in liquid oils and bring to 90-110 °F.
 4. Slowly add the lye solution to the oils, stirring constantly.
 5. Stir until mixture reaches trace.
 6. Add essential oils and calendula petals.
 7. Pour mixture into molds.
 8. Let sit for 24 hours, remove from molds, and cut.
 9. Cure for 2-4 weeks before using.

FLAX OIL SOAP

- 19.2 oz. coconut oil
 - 9.6 oz. flax seed oil
 - 22.4 oz. olive oil
 - 12.8 oz. palm oil
 - 9.6 oz. lye
 - 23 oz. water
 - 10 tsp. essential oil of your choice
-
1. Dissolve lye in water, and allow mixture to cool in a safe place.
 2. Warm the oils, until the solids are melted.
 3. When both mixtures have cooled to 95 °F, carefully combine in large pot.
 4. Stir to trace.
 5. Add essential oil, and mix thoroughly.
 6. Pour in large mold, and allow to sit undisturbed, in a warm area, for 24 hours.
 7. Cut into bars, and cure for about 3 weeks.
 8. This recipe makes 4 pounds of soap, or about 24 bars.

LEMON OLIVE COMPLEXION BAR

- 2.6 oz. sweet almond oil
 - 2.6 oz. castor oil
 - 2.6 oz. coconut oil
 - 2.6 oz. grapeseed oil
 - 21.4 oz. olive oil
 - 4.3 oz. lye
 - 11.4 oz. water
 - 1.4 oz. lemongrass essential oil
 - 0.5 oz. tea tree oil (optional)
-
1. Pour the lye into the water, and stir until the lye is completely dissolved.
 2. Set the mixture aside to cool to about 100°F.
 3. Heat/melt all oils, and allow them to cool to about 100°F.
 4. Pour lye/water mixture, in a slow and steady stream, into the oils.
 5. Stir until the mixture reaches trace.
 6. Use the stick blender intermittently (no more than 1 minute at a time), using the spoon the rest of the time.
 7. Add the essential oils, and pour the mixture into the molds.
 8. Let the soap mold for about 24 hours; cut or unmold.
 9. Cure for about 3 weeks.

CHOCOLATE MINT SWIRL SOAP

- 8 oz. palm oil
- 7 oz. coconut oil
- 10.5 oz. olive oil
- 10.5 oz. canola oil
- 3 oz. cocoa butter
- 16 oz. water
- 6 oz. lye
- 2 oz. peppermint essential oil
- 2 tbsp. cocoa powder
- 2 tbsp. castor oil

1. Mix your lye solution first and set it aside to cool.
2. Measure and heat your solid oils until completely melted.
3. Measure and add the liquid oils (except the castor oil) to the melted solid oils.
4. When both the lye and the oils are at about 100-110 °F, slowly pour the lye solution into the oils.
5. Stir with a stick blender, alternating short blasts with the blender and stirring.
6. Mix the soap until it reaches a light trace.
7. Pour about $\frac{3}{4}$ of the raw soap into your mold.
8. Mix the castor oil, peppermint essential oil and cocoa powder; blend well.
9. Drizzle/pour the castor oil mixture onto the surface of the raw soap, in your desired pattern.
10. Let the molds sit for 12-24 hours, until the soap has cooled off completely and is hard enough to cut.
11. Remove it from the mold and slice into bars.
12. Let it cure an additional 2-4 weeks.

BAY RUM AND SESAME OIL SOAP

- 10 oz. beef tallow
 - 6 oz. sesame seed oil
 - 6 oz. olive oil
 - 6 oz. coconut oil
 - 6 oz. palm kernel oil
 - 2 oz. castor oil
 - 1 oz. rice bran oil
 - 5.28 oz. lye
 - 14 oz. distilled water
 - 0.5-1 oz. Bay Rum fragrance oil
1. Mix your lye solution first and set it aside to cool.
 2. Measure and heat your solid oils until completely melted.
 3. Measure and add the liquid oils to the melted solid oils.
 4. When both the lye and the oils are at about 100-110 °F, slowly pour the lye solution into the oils.
 5. Mix the soap until it reaches a light trace; add fragrance oil.
 6. Once the soap mixture reaches trace, it will begin to set quickly, so pour it into the molds as quickly as possible.
 7. Let the molds sit for 12-24 hours, until the soap has cooled off completely and is hard enough to cut.
 8. Remove it from the mold and slice into bars.
 9. Let it cure an additional 2-4 weeks.

NEEM OIL AND HERB SOAP

- 18 oz. canola oil
 - 18 oz. olive oil
 - 5 oz. virgin coconut oil
 - 4 oz. palm oil
 - 4 oz. neem oil
 - 2 oz. sesame oil
 - 12 oz. distilled water
 - 6 ½ oz. lye
 - 1 tsp. tulsi
 - 1 tsp. turmeric
 - 1 tsp. basil
 - 1 tsp. comfrey root
 - 1 tsp. neem powder
 - 1 tsp. Bentonite Clay
 - 1 tsp. Fullers Earth
 - 1 tsp. sandalwood essential oil
 - 1 tsp. myrrh essential oil
1. Mix your lye solution and water first, and set it aside to cool.
 2. Measure and heat your solid oils until completely melted.
 3. Measure and add the liquid oils (except the sesame oil) to the melted solid oils.
 4. When both the lye and the oils are at about 100-110 °F, slowly pour the lye solution into the oils.
 5. Mix the soap until it reaches a light trace.
 6. Mix the herbs and clay with the sesame oil, blend thoroughly, and add them to the soap mixture, then stir in the essential oils.
 7. Pour the soap into your desired molds. Let the molds sit for 12-24 hours, until the soap has cooled off completely and is hard enough to cut.
 8. Remove it from the mold and slice into bars. Let it cure an additional 2-4 weeks.

PUMPKIN PIE SOAP

- 20.5 oz Coconut Oil
- 22.4 oz. Olive Oil
- 18 oz. Palm Oil
- 4 oz. Shea Butter
- 9.5 oz. Lye
- 16 oz. water
- 8 oz. canned pumpkin
- 16 gm. grapefruit seed extract
- 4-6 oz. pumpkin pie fragrance oil

1. Dissolve lye in water and set aside to cool (be sure to stir well - it's a dense solution).
2. Warm the coconut, olive and palm oils and shea butter until melted.
3. When both liquids have cooled to about 100°F carefully combine together.
4. Add grapefruit seed extract, and stir to light trace.
5. Add the canned pumpkin and fragrance oil.
6. Pour into a mold, and let it set for 24 hours.
7. Remove from molds, cut into bars.
8. Allow to cure for 6 weeks.

THREE OIL HERBAL SOAP

- 32 oz. Olive Oil
- 8 oz. Palm Oil
- 8 oz. Coconut Oil
- 6.5 oz. Lye
- 18 oz. Water
- 4-5 tsp. fragrance oil
- 1 heaping tsp. ground chamomile

1. Mix your lye solution and water first, and set it aside to cool.
2. Measure and heat your solid oils until completely melted.
3. Measure and add the liquid oils to the melted solid oils.
4. When both the lye and the oils are at about 100-110 °F, slowly pour the lye solution into the oils.
5. Mix the soap until it reaches a light trace.
6. Add the essential oils and colorant, if desired.
7. Pour the soap into your desired molds.
8. Let the molds sit for 12-24 hours, until the soap has cooled off completely and is hard enough to cut.
9. Remove it from the mold and slice into bars.
10. Let it cure an additional 2-4 weeks.

Liquid Soap Recipes

JOJOBA LIQUID SOAP

- 18 oz. coconut oil
 - 10 oz. sunflower oil
 - 10 oz. castor oil
 - 2 oz. jojoba
 - 8.9 oz. potassium hydroxide lye
 - 96.7 oz. distilled water
 - 2.7 oz. fragrance or essential oil (optional)
 - 23.7 oz. 5% borax solution
1. Mix the borax with 26.7 oz. of the distilled water; set the rest of the water aside for diluting the mixture after saponification.
 2. Mix the water with the potassium hydroxide lye, and set the lye/water mixture aside to cool.
 3. Measure and heat the liquid oils.
 4. When both the lye and the oils are at about 100-110 °F, slowly pour the lye solution into the oils.
 5. Stir with a stick blender, alternating short blasts with the blender and stirring.
 6. Mix the soap until it reaches a light trace.
 7. Add the fragrance oil and colorant, if desired.
 8. Mix them into the soap thoroughly.
 9. Cook the soap batter – using either the traditional crock pot method, or the oven process method – for about 4.5 hours.
 10. Dilute the soap with the remainder of the distilled water.
 11. Add fragrance and/or color, and let the soap set for 1-2 weeks.
 12. The unsaponifiables will sink to the bottom of the soap mixture, and if you pour the soap into the final containers carefully, it will be nice and clear.

SUNFLOWER AND COCONUT LIQUID SOAP

- 16.5 oz. sunflower oil
 - 7 oz. coconut oil
 - 5.5 oz. potassium hydroxide lye
 - 16.5 oz. distilled water (for lye mixture)
 - 40 oz. distilled water (for dilution)
 - 3 oz. of borax
 - 6 oz. water (to mix with borax)
 - 3 oz. fragrance or essential oil, as desired
 - Soap dye or colorant, if desired
1. Mix the oils, and heat them in a crock pot on low. Keep the mixture at approximately 160°F.
 2. Stir the lye into 16.5 oz. of distilled water.
 3. When the lye-water is completely mixed and clear, slowly add it into your oils, and hand-stir until it is blended; use a stick-blender to continue mixing, if desired. Be patient; it may take up to 30 minutes to reach trace.
 4. Continue to cook the soap for 3-4 hours, stirring every 15-20 minutes if you notice the mixture starting to separate.
 5. When the soap begins to turn translucent, test by mixing an ounce of the paste & two ounces of boiling water; if it's clear, the soap is done, if not, cook it longer.
 6. Turn the heat off when the soap is done cooking, put the lid on the crock pot, and let it set for approximately 8 hours.
 7. Turn the crock pot back on and bring the mixture back up to 180 degrees or so.
 8. In a separate container, mix the borax and 6 oz. of boiling water.
 9. Very slowly (about ½ ounce at a time), add about 2 oz. of the borax solution to the reheated soap mixture, and stir well.
 10. Add the fragrance and colorant, if desired, and stir well.
 11. Let the soap cool, and pour it into containers.
 12. Let it sit; the suspended particles, if any, should sink to the bottom of the mixture.
 13. When pouring the soap into a container don't include the milky layer at bottom.

EUCALYPTUS CITRUS LIQUID SOAP

- 2 cups of grated (cured) castile soap
 - 1 tablespoon of palm oil
 - 1 teaspoon vodka
 - 1/2 tablespoon glycerin (optional)
 - 1/2 teaspoon lemon essential oil (or any EO)
 - 1/2 teaspoon grapefruit essential oil (or any EO)
 - 1/2 teaspoon eucalyptus essential oil (or any EO)
 - 2 1/2-3 cups of spring or distilled water
 - 2 pump or foaming bottles
1. Over low heat and in a double-boiler pan, add grated soap, palm oil, glycerin and water.
 2. Simmer until all the soap has melted and is liquefied.
 3. Add vodka.
 4. Remove from heat and let cool slightly before adding the essential oils, mix well.
 5. Let cool completely before pouring into bottle and check the consistency (if too thick, add more spring water and stir).
 6. Using a funnel, slowly pour liquid soap into chosen bottle.
 7. Avoid any lumpy soap that may have not melted from going into the funnel.
 8. Label and use.

Shaving Soap Recipes

SHAVING SOAP

- 13 oz. olive oil
- 10 oz. coconut oil
- 7 oz. palm oil
- 2.5 oz. castor oil
- 4.7 oz. lye (about a 5% discount)
- 9.4 oz. water
- 2 tbsp. Bentonite Clay
- 1-1.4 oz. fragrance or essential oil (optional)
- Colorant (optional)

1. Mix your lye solution first and set it aside to cool.
2. Measure and heat your solid oils until completely melted.
3. Measure and add the liquid oils to the melted solid oils.
4. When both the lye and the oils are at about 100-110 °F, slowly pour the lye solution into the oils.
5. Stir with a stick blender, alternating short blasts with the blender and stirring.
6. Mix the soap until it reaches a light trace.
7. Add the fragrance oil and colorant, if desired.
8. Mix them into the soap thoroughly.
9. Pour the raw soap into your mold and let it sit for 12-24 hours until it has cooled off completely and is hard enough to cut.
10. Remove it from the mold and slice into bars.
11. Let it cure an additional 2-4 weeks.
12. **Note:** The clay can be added to the lye water, the melting oils, or mixed in at trace. Any method works fine.

SKIN-SOOTHING SHAVING SOAP

- 4 oz. coconut oil
- 1 oz. hemp seed oil
- 5 oz. olive oil
- 6 oz. palm oil
- 7 oz. strong chamomile tea
- 2.28 oz. lye
- 1 tbsp. bentonite clay
- 0.5 oz. natural vitamin E oil
- 0.3-0.4 oz. fragrance/essential oil (optional)
- Colorant (optional)

1. Steep the chamomile tea for a good long time to make it nice and strong.
2. Make sure it cools completely; you may want to refrigerate it.
3. Add the lye to the tea very slowly, and mix thoroughly; set the mixture aside to cool.
4. Measure and heat your solid oils until completely melted.
5. Measure and add the liquid oils (except for the vitamin E and essential oils) to the melted solid oils.
6. When both the lye and the oils are at about 100-110 °F, slowly pour the lye solution into the oils.
7. Stir with a stick blender, alternating short blasts with the blender and stirring.
8. Mix the soap until it reaches a light trace.
9. Add the fragrance oil, bentonite clay, vitamin E and colorant, if desired.
10. Mix them into the soap thoroughly.
11. Pour the raw soap into your mold and let it sit for 12-24 hours until it has cooled off completely and is hard enough to cut.
12. Remove it from the mold and slice into bars.
13. Let it cure an additional 2-4 weeks.

BUTTERMILK SHAVING SOAP

- 20 oz. palm kernel oil
 - 20 oz. coconut oil
 - 40 oz. olive oil
 - 30 oz. buttermilk
 - 11 oz. lye
 - 3 heaping tbsp. bentonite clay
 - 3.5 oz. lavender essential oil
 - 3 tbsp. castor oil
 - 2 tbsp. sweet almond oil
-
1. Partially freeze the buttermilk, until it is slushy (this will help prevent scalding when you add the lye).
 2. Stir the lye into the buttermilk very, very slowly, without letting the temperature exceed 100°F; set it aside to cool.
 3. Measure and heat the oils (except the castor and sweet almond oil) to about 100°F, then slowly pour the lye solution into the oils.
 4. Stir with a stick blender, alternating short blasts with the blender and stirring.
 5. Mix the soap until it reaches a light trace.
 6. Add the fragrance oil, castor oil and sweet almond oil (and colorant, if desired).
 7. Mix them into the soap thoroughly.
 8. Pour the raw soap into your mold and let it sit for 12-24 hours until it has cooled off completely and is hard enough to cut.
 9. Remove it from the mold and slice into bars.
 10. Let it cure an additional 2-4 weeks.

Exfoliating Soap Recipes

SOLID BROWN SUGAR SCRUB

- 4 oz. clear or opaque soap base
 - 8 oz. grapeseed oil or avocado oil
 - 3-4 oz. brown sugar
 - 1/2 oz. honey
 - Fragrance oils or essential oils (20 drops)
1. Melt the soap base.
 2. Mix in the grapeseed/avocado oil and honey.
 3. Add the brown sugar, and mix thoroughly with your hands.
 4. Fragrance or essential oils can be added at any point during the mixing process.
 5. Pour the mixture into jars, or other suitable wide-mouthed containers.
 6. After 24 to 48 hours, the mixture should thicken, and become semi-solid.

OATMEAL SCRUB SOAP

- 4 oz. coconut oil
- 4 oz. palm oil
- 4 oz. palm kernel oil
- 2 oz. shea butter
- 2 oz. sunflower oil
- 2.29 oz. lye
- 6 oz. distilled water
- 2 tbsp. ground oatmeal

1. Mix your lye solution first and set it aside to cool.
2. Measure and heat your solid oils until completely melted.
3. Measure and add the liquid oils to the melted solid oils.
4. When both the lye and the oils are at about 100-110 °F, slowly pour the lye solution into the oils.
5. Stir with a stick blender, alternating short blasts with the blender and stirring.
6. Mix the soap until it reaches a light trace.
7. Add the fragrance oil and colorant, if desired.
8. Mix them into the soap thoroughly.
9. Pour the raw soap into your mold and let it sit for 12-24 hours until it has cooled off completely and is hard enough to cut.
10. Remove it from the mold and slice into bars.
11. Let it cure an additional 2-4 weeks.

COFFEE HOUSE SCRUB SOAP

- 2 oz. cocoa butter
- 4 oz. coconut oil
- 2 oz. grapeseed oil
- 4 oz. palm oil
- 4 oz. palm kernel oil
- 6 oz. double strength coffee
- 2.2 oz. lye
- 0.4 oz. coconut fragrance oil (optional)

1. Double-brew the coffee, and let it cool completely.
2. You may want to refrigerate it to help it cool faster.
3. Set the coffee grounds aside.
4. Mix the lye with the coffee very, very slowly.
5. Once the coffee and lye are mixed together, set the mixture aside and let it cool.
6. Measure and heat your solid oils until completely melted.
7. Measure and add the liquid oils to the melted solid oils.
8. When both the lye and the oils are at about 100-110 °F, slowly pour the lye solution into the oils.
9. Stir with a stick blender, alternating short blasts with the blender and stirring.
10. Mix the soap until it reaches a light trace.
11. Add the fragrance oil and colorant, if desired; also, if you want the soap to be lightly exfoliating, and have a stronger coffee scent, add the coffee grounds at this stage.
12. Mix them into the soap thoroughly.
13. Pour the raw soap into your mold and let it sit for 12-24 hours until it has cooled off completely and is hard enough to cut.
14. Remove it from the mold and slice into bars.
15. Let it cure an additional 2-4 weeks.

Shampoo Recipes

SHAMPOO BAR

- 8 oz. sweet almond oil
- 8 oz. canola oil
- 24 oz. castor oil
- 32 oz. coconut oil
- 32 oz. olive oil
- 24 oz. palm oil
- 17.95 oz. lye
- 46 oz. distilled water
- Fragrance/essential oils (optional)
- Colorant (optional)

1. Mix your lye solution and water first, and set it aside to cool.
2. Measure and heat your solid oils until completely melted.
3. Measure and add the liquid oils to the melted solid oils.
4. When both the lye and the oils are at about 100-110 °F, slowly pour the lye solution into the oils.
5. Mix the soap until it reaches a light trace.
6. Add the essential oils and colorant, if desired.
7. Pour the soap into your desired molds.
8. Let the molds sit for 12-24 hours, until the soap has cooled off completely and is hard enough to cut.
9. Remove it from the mold and slice into bars.
10. Let it cure an additional 2-4 weeks.

CROCK POT SHAMPOO BAR

- 3 oz. canola oil
- 12 oz. castor oil
- 14 oz. coconut oil
- 2 oz. hemp seed oil
- 2 oz. jojoba oil
- 11 oz. olive oil
- 16 oz. distilled water
- 6 oz. lye
- 0.2 oz. lemongrass essential oil
- 0.2 oz. lavandin essential oil
- 0.1 oz. neroli essential oil
- 0.1 oz. lemon myrtle essential oil
- 0.2 oz. eucalyptus essential oil

1. Mix the lye into the water and let sit in a safe place.
2. Melt the oils (except the hemp seed oil) in the crock pot.
3. Mix the lye water with the oils.
4. Cover and cook for about an hour. Stir as needed.
5. Add the hemp oil when saponification is complete (perform a tongue test, or pH test, to determine when the lye is completely saponified).
6. Pour into molds, and let sit for about one week.